

# AYLESHAM

**IN TOUCH**

SUMMER 2022 Series 2 No. 4

## Summer Sunshine Corner

**VILLAGE  
GUIDE**

Essential listing  
of local groups,  
organisations  
and businesses



# DENISE CALDWELL

## Hair & Beauty

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caldwells\_hairandbeauty

# 01304 842034

# AYLESHAM

SUMMER 2022

**IN TOUCH**



**TODDLERS at Baby Signing,  
Bechange - see page 8**

**VILLAGE  
GUIDE**

**COMMUNITY**



**HELPLINES**



**BUSINESS**

Aylesham In Touch is delivered **FREE** to **3,000** letterboxes in Aylesham. If for some reason we have missed you, OR if you would rather not receive the magazine in future please email [ayleshamintouch@gmail.com](mailto:ayleshamintouch@gmail.com)

**COVER IMAGE** courtesy of  
Lee O'Sullivan  
[instagram.com/dronesdeep](https://www.instagram.com/dronesdeep)



This edition of  
Aylesham In Touch  
was put together by  
**Carina Jarvie** (left)  
and **Jon Flaig** (right)



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We are now online with news updates and local listings:

**ayleshamintouch.com**

*Thank you to all these organisations for help and support*



# snowdown CANARY

*taking a  
birds-eye  
view*



## POETRY CORNER

### WRINKLES

What can I do there's no turning back,  
Things are getting tricky, they're waiting to attack!  
Creeping on my flesh, they make their mark  
I think I will look better, sitting in the dark!  
It started with a couple underneath the eyes  
They won't go away, no matter how I try.  
Long slimy feet etching in my skin  
Changing all my features ... the rot's setting in!  
How can I fight them, without looking ill  
Plaster on the face cream, swallow another pill.  
Go to the Chemist search through every shelf,  
Time is of an essence so care for yourself.  
No one can evade them, wrinkles will prevail  
But this is not the end of my familiar tale.  
I have a solution, so everyone take heed,  
Wrinkles will be banished women will be freed.  
Just walk past every mirror, and surely you will see  
That beauty is on the inside, ah, well it worked for me!



**From Membrane Towers a  
collection of verse by Linda  
James, first published in the  
*Eastry Village News***

**£7.99**

**ISBN 978-1-78222-888-2**



**DEREK GARRITY MBE** the Manager and Secretary of the Workshop Trust based in the former secondary school on Ackholt Road, retired at the end of April after 25years at the helm. Pictured here at his farewell bash with Chair, Sue Bott.

On behalf of the Trust Sue said: "We are here to thank Derek for his service and mark the tremendous contribution he has made to the project and the village over many years."

## Barcelona or Bust!

**FOURTEEN** friends from Aylesham and the surrounding area are set for an epic charity ride, cycling from Aylesham to Barcelona, which is about 900 miles, in eight days. We will be raising money for TWO very worthy causes: KOB! Bone Cancer Support and the Slide Away bereavement charity.

To donate, visit: [www.justgiving.com/crowdfunding/kobibarcelona](http://www.justgiving.com/crowdfunding/kobibarcelona)



**SCAN QR  
to donate**





AYLESHAM People's Cinema group held their first screening back in March. They put on the family favourite "Shaun the Sheep" animated film – free of charge to a busy audience at the Workshop Trust.

A spokesperson said "We were really pleased by the take up of tickets – every seat was booked before the show.

"We are thinking about future projects, including Saturday Morning's with Kids films, grown-up movies and open air events in the future".

The cinema club can be contacted via:  
ayleshamcinema@gmail.com

**BRAVE**  
lad  
Kobi



**KOBI**  
BONE CANCER SUPPORT

**FOR KIDS**  
dealing  
with loss



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## VILLAGE GUIDE

Essential listing of  
local groups,  
organisations and  
businesses

# Aylesham Home & Pet Supplies



**Caring for all your pet needs –  
from the food to flea treatments!**

*Or just a chat about your pet – we  
are here for you.*

We offer a price promise on all the  
pet foods.



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Brand Authorized Seller



***If you can't find it in stock,  
we will try and get it for you.***

**66 Market Place, Aylesham CT3 3DZ**

**Phone: 01304 447767**



# HELP IN THE COST OF LIVING CRISIS £££

## Household Support Fund

The government announced that vulnerable households across the country will be able to access a new support fund to help them with essentials over the winter.

Dover District Council has received funding from Kent County Council to support households who would otherwise struggle to buy food or pay essential utility bills or meet other essential living costs of housing costs this winter as the economy recovers.

### Eligible support could include:

- Food
- Energy and water (including sewerage)
- Essentials linked to energy and water
- Wider essentials subject to discussion
- Housing costs in exceptional cases of genuine emergency

If you feel you are eligible to access this fund, please contact:

**CAB (Citizens Advice Bureau)**

**Dover District Call: 0808 278 7961**

**Deal Foodbank**

**01304 361084 / 01304 728428**

**Email: [info@dealarea.foodbank.org.uk](mailto:info@dealarea.foodbank.org.uk)**

Information  
from the  
Dover District  
Council website



## ● MONDAY ●

- Drop In
- Grow Your Own
- Health Walks
- NHS One You Weight - Loss Programme

## ● TUESDAY ●

- Cooking Classes \*
- Aspire Get working
- Baby Signing Course

## ● WEDNESDAY ●

- Drop In
- Legs, Bums & Tums
- Grow your own
- Cooking Classes\*
- Little Green Fingers

## ● THURSDAY ●

- Knit & Natter
- Bridge Club
- Grow your own
- Nature for wellbeing
- NHS One You Lifestyle Support

## ● FRIDAY ●

- Drop In
- Camerados Public Living room
- Upcycling
- Baby Club up to 6mths
- Community Lunch
- Legs, Bums & Tums
- Community Larder Plus
- NHS One You Lifestyle Support



■ **BECHANGE** are delighted to announce we have received funding from the *Phillip & Connie Phillips Foundation* to support families with our **PACKED LUNCH** project and family activities during the holidays. Further updates to follow – check out our new website!



■ Thanks to the funding we received from **KCC Reconnect**, Bechange are hosting **Story Time Sign** – this is a relaxed, multi-sensory session for parents and their babies to learn and sign together.

All classes are **FREE** and delivered in 3 separate groups on a Tuesday at Bechange. Please ring **01304 840134** to book a place.

09.45am – 10.30am for 6 weeks to 6 months

10.45am – 11.30am for 7 months to 15 months

12.00pm – 12.45pm for 16 months to 2 years

## MAKE A WILD FLOWER SEED BOMB

Free Family Workshop - Wed 22 June, 3.30pm

Come along to the Bechange Garden and make your own seed bombs to be sown in the community garden and to take home too, if you wish.

*Thanks to Barratt Homes for supporting the project*

## DATES FOR YOUR DIARY:

**ART CLUB** – Fortnightly, Tuesday afternoons - check website.

**Community Catch Up** – Last Friday of every month

**L2 Principles of COSHH Accredited Training** – 6th June

**L2 Safe Moving & Handling Accredited Training** – 15th June

**Family Session – Seed Bomb** event – 22nd June

**ASPIRE OPEN DAY** – 27th June

**Bechange Anniversary** event – 13th August



# Advice in a crisis

**HELP IN THE  
COST OF  
LIVING  
CRISIS  
£££**

**WITH the current rise in fuel prices and living costs, we understand that people's financial situations will be harder, and some will be struggling to manage and keep up with their bills.**

There are no specific criteria that you need to meet to access support from Bechange Community Hub, you just need to live in Aylesham and surrounding areas! Our support is available to all, and we can help you with your issues no matter how big or small. The friendly support team pride themselves on their extensive knowledge and expertise. Our Family Support Worker and Senior Support Worker have many years of experience to support your individual needs.

## **BENEFITS**

Are you claiming your correct entitlement? We can do a benefit check to ensure you are receiving your full entitlement, and support with any applications and assist with gathering the correct evidence to support a claim.

Don't understand the online Universal Credit Journal, or how to keep your commitments? Here at Bechange we can support you to use and understand your online journal, how to make entries and upload evidence.

Been turned down for a benefit? Our support staff can assist you every step of the way with mandatory reconsiderations, appeals and tribunals.

Do you need to change to a different benefit, but are worried how you will cope financially during the waiting period? Support can be given to access advances and how to budget until you receive your first new payment. We also work closely with Deal Area Foodbank and can issue online vouchers for food and household items to help you during this time.

## **FINANCES**

In debt and don't know which way to turn? Our support workers can assist with negotiating manageable repayment plans and look at reducing your outgoings.

Are you struggling to make your money last? We can support you to budget and make changes, so that you can make your finances last longer.

## **HOUSING**

Have you fallen into rent arrears and are frightened of losing your home? Our support workers can assist with contacting your housing provider, and negotiate

repayment plans to help manage your arrears and secure your housing.

As well as all this we can offer Foodbank vouchers, assist with applying for emergency grants and financial support. We also have a community fridge and weekly Fareshare food availability.

**You can telephone 01304 840134 or come to one of our drop-in sessions for a chat Monday, Wednesday and Friday 10am-12pm.**

## **FOODBANK NEWS**

### **Times are tough**

**IF making ends meet is hard for you at the moment, we can help.**

You do not need to be on benefits to use the Foodbank.

To get food and household goods from our outlets in Deal or mobile foodbank you will need a free voucher. You can get one from Bechange, Aylesham – Phone: 840134 Website: bechange.org.uk

If you have children, you can talk to a teacher at their school who will help you.

You will be made very welcome at Foodbank by someone who understands your problems.

You may also find the Deal Area Foodbank Group on Facebook useful.

## **Community Matters – a new mobile foodbank**

### **TUESDAYS & FRIDAYS**

Tues: 9.30am – 11am at Bechange car park

Fri: 9.30am – 10.30am – Bechange car park

### **WHAT TO BRING WITH YOU:**

- A paper voucher or e-voucher issued to you
- Carrier bags to take your food away

### **WHAT YOU'LL GET:**

- A food parcel featuring three days of nutritionally balanced, non-perishable food

### **HOW TO GET A VOUCHER:**

Bechange Aylesham - 01304 840134

# +++ HELPLINES +++ HELPLINES

**AYLESHAM IN TOUCH**  
reproduces here a list of  
useful contacts for families  
and individuals facing  
difficult circumstances.  
Let us know if we have any  
details incorrect and we  
will change them in future  
editions.

## OLDER PEOPLE'S SERVICES

### CARERS SUPPORT EAST KENT

CSEK are operational and the Hub team is still offering information and guidance and assessment for Carers.

Open Mon, Weds and Fri 8:30am–6pm

Tues and Thurs 9am–5pm

0300 302 0178

### SILVERLINE BEFRIENDING SERVICE

Helpline and friendship service for people aged 55 – 24 Hour befriending service.

Free, confidential service to share worries and fears.  
0800 470 80 90

### AGE UK

Advice line 0800 169 6565

### BRIGHT SHADOW

Support for people with dementia and their families  
01227 467 272

zest@brightshadow.org.uk

### DEMENTIA CONNECT SUPPORT LINE

Hosted by Alzheimer's Society Information, advice and support for people living with dementia and their families.

0333 150 3456

### KENT DEMENTIA HELPLINE

Practical and emotional support

0800 500 3014

### CINNAMON TRUST

Dog-walking

For help with dog-walking for elderly isolated people.

01736 757 900

[www.cinnamon.org.uk](http://www.cinnamon.org.uk)

## PHYSICAL & MENTAL HEALTH

### ASPIRATIONS

Free service for unemployed people aged over 25 living in Kent who feel their mental health is holding them back. 0333 880 2730

### SAFE HAVENS

Friendly support available to anyone over the age of 16 across Kent and Medway. Available between 6pm - 11pm and 365 days a year.

[www.kmpt.nhs.uk/safehavenskentmedway](http://www.kmpt.nhs.uk/safehavenskentmedway)

### NHS KENT & MEDWAY

If you are known to KMPT or need urgent mental health support, advice and guidance call the 24 hour helpline.

0300 222 0123

### LIVE WELL KENT

Still accepting referrals - if you need support or need to refer someone you can call the referral line or email.

Free service for anyone over 17

0800 567 7699

[info@livewellkent.org.uk](mailto:info@livewellkent.org.uk)

[livewellkent.org.uk/](http://livewellkent.org.uk/)

### MENTAL HEALTH MATTERS

24/7 helpline providing emotional support, advice and guidance.

0800 107 0160

### SAMARITANS

24/7 free helpline

Dedicated to reducing feelings of isolation. A safe place to talk to trained counsellors about whatever is troubling you. 116 123

### SANELINE

SANE provides emotional support, guidance and information to anyone affected by mental illness, including families, friends and carers.

Call and leave a message with your name and number on: 07984 967 708 Someone will call back as soon as practicable.

[support@sane.org.uk](mailto:support@sane.org.uk)

Mental health support for veterans and their families  
0800 138 1619

[combatstress.org.uk](http://combatstress.org.uk)

### DADS UNLIMITED

Provides practical advice, support and guidance for dads going through emotional issues around separation, divorce and access to children. 1:1 support is being provided virtually

[www.dadsunltd.org.uk](http://www.dadsunltd.org.uk) 01233 680150

# +++ HELPLINES +++

**HELP IN THE  
COST OF  
LIVING  
CRISIS  
£££**

## **KCC**

Resources to support families to cope with bereavement and grief.

[www.kent.gov.uk/wellbeingfamilies](http://www.kent.gov.uk/wellbeingfamilies)

## **DOVER COUNSELLING SERVICES**

NHS adult psychological therapy services

Call to self-refer and they will assess eligibility.

01304 204123

<https://dovercc.org.uk/>

## **BEFRIENDING**

Phone a Community Friend

A free phone call service – an opportunity to chat to like-minded local people. Need to go online and complete an easy form and someone will be in touch within 24 hours.

(Organised by Kent Equality Cohesion Council and Cohesion Plus)

[www.kenteccl.org.uk/phone-a-community-friend/](http://www.kenteccl.org.uk/phone-a-community-friend/)

## **CARER SUPPORT AND SPECIAL NEEDS**

### **THE FAMILY FUND**

Grants to help low-income families with seriously ill or disabled children with the cost of equipment, goods or services. E.g. domestic appliances; sensory or educational equipment that they might not otherwise be able to afford

For further information and to apply for a grant visit:

[www.familyfund.org.uk](http://www.familyfund.org.uk)

01904 550055

### **DISK**

(Disability Information Services Kent)

Free confidential specialist information for people with a disability, older people and carers

07743 177581

### **LOOK AHEAD**

Support for learning disabilities, mental health, homelessness and young people

[CherylRisley@lookahead.org.uk](mailto:CherylRisley@lookahead.org.uk)

[ClareVale@lookahead.org.uk](mailto:ClareVale@lookahead.org.uk) [johnpender@lookahead.org.uk](mailto:johnpender@lookahead.org.uk)

[lookahead.org.uk](http://lookahead.org.uk)

### **EAST KENT MENCAP**

[www.eastkentmencap.co.uk](http://www.eastkentmencap.co.uk)

### **CARERS SUPPORT EAST KENT**

Information and guidance and assessment for carers.

0300 302 0178

Open: Open Mon, Weds and Fri 8:30am–6pm

Tues and Thurs 9am–5pm

## **KENT AUTISTIC TRUST**

Provide personalised and specific support for people with autism

01634 405168

[www.kentautistic.com](http://www.kentautistic.com)

## **BENEFITS, JOBS & DEBT**

### **CITIZENS ADVICE BUREAU**

For help 03448 487978

General enquiries 01304 374333

For debt enquiries 01304 202442

For Universal Credit enquiries 01304 202030

ALL 9.30am - 4.30pm

[doverdealadvice.co.uk](http://doverdealadvice.co.uk)

### **FAMILY LIVES**

Charity supporting vulnerable and lower-income families

Free helpline 0808 800 2222

[askus@familylives.org.uk](mailto:askus@familylives.org.uk)

### **JOB CENTRE (DWP)**

For DWP advice call this number.

01304 866190

### **MONEY ADVICE SERVICE**

For advice regarding finances and debt

0300 500 5000

[www.moneyadviceservice.org.uk](http://www.moneyadviceservice.org.uk)

### **NATIONAL DEBT LINE**

Advice hub for money worries

0808 808 4000

[www.nationaldebtline.org](http://www.nationaldebtline.org)

### **STEP CHANGE**

Free debt advice online or over the phone

0800 138 1111

[www.stepchange.org](http://www.stepchange.org)

### **PRIORITY SERVICES REGISTER**

(for customers of utility companies including Affinity and Southern Water)

For help in a utility emergency, Sign up for free

For those with chronic illness, have medical support

at home, refrigerated medication, dementia, a

disability, pensionable age, children under 5,

suffering a bereavement.

[Southeastwater.co.uk/priority](http://Southeastwater.co.uk/priority)

**We believe the above information to be correct at the time of going to press.**

**The MARTIN LEWIS column will return next time.**



## Giving you the power to improve your health, wellbeing and job prospects

**ASPIRE** East Kent provides a **FREE** friendly programme for people who want to improve their health and employment opportunities and to feel more confident and positive about life. A wide range of activities includes cooking, gardening, wellbeing and exercise sessions, accredited courses, 1-2-1 advice on employment and from NHS One You health and weight loss advisors.

**ASPIRE** is for you if:

- you are aged 18-65 and live in East Kent
- you are either unemployed, a job-seeker, in temporary insecure work or on a zero-hours contract
- you would like to improve your health and wellbeing.

**Contact our team today** and find out how **ASPIRE** can help **you**  
**[aspire@bechange.org.uk](mailto:aspire@bechange.org.uk) 01304 840134**



**FOOD** always tastes much better when it's eaten outdoors and now is the ideal time to plan a picnic and make the most of the longer summer days.

Here's a tasty suggestion for a healthy, tasty picnic treat.

## VEGETABLE FRITTATA WEDGES

### Ingredients:

- 2 teaspoons vegetable oil
- 1 courgette, coarsely grated
- 2 tomatoes, chopped
- 6 eggs
- 2 tablespoons milk
- 1 pinch ground black pepper (optional)

### Method

- Turn the grill on to preheat to a medium-high temperature.
- Heat the vegetable oil in a non-stick frying pan. Add the courgette and tomatoes and cook on the hob for 3 to 4 minutes, stirring often, until soft. Spread out over the base of the frying pan.
- Beat the eggs and milk together in a bowl, then pour into the frying pan. Cook over a medium-low heat for 4 or 5 minutes. Take care not to cook over a high heat, or else the base could brown too much before the middle of the frittata is cooked.
- Transfer the pan to the grill to cook the surface for about 4 minutes. Remove from the heat and let the frittata cool before slicing into wedges.

### General tips:

- 'Leave nothing but footprints' – eating outdoors is fun, but please take all your rubbish home with you and recycle what you can.
- Allergies: always check the label of each ingredient for allergy warnings.

For more inspiration, go to [www.nhs.uk/healthier-families/recipes/](http://www.nhs.uk/healthier-families/recipes/) and to check how healthy food is, download the free NHS Food Scanner app.



**ASPIRE at Bechange has a packed summer programme:**

### MONDAYS

- 10am–2pm: Growing Your Own
- 10–11am: NHS weight-loss
- 11.15am–12pm: Wellbeing walk

### TUESDAYS

- 10am–12pm: Cookery course
- 12–2.15pm: Employability 1:1s
- 1.30 – 2.30pm: NHS weight-loss
- 1.45–2.45pm: This Girl Can

### WEDNESDAYS

- 9.30–10.30am: Legs Bums Tums
- 10.30–11am: NHS Weight check-in
- 10am–2pm: Growing Your Own
- 10am–12.45pm: Cooking on a budget

### THURSDAYS

- 9am–1pm: NHS Lifestyle 1:1 support
- 10am–2pm: Growing Your Own
- 10am–12pm: Nature For Wellbeing

### FRIDAYS

- 9am–1pm: NHS One You Lifestyle 1:1
- 10am–2pm: Growing Your Own
- 12–1pm: Legs Bums Tums

**To join ASPIRE or to find out more, please contact our friendly team:**  
**call 01304 840134**  
**email [aspire@bechange.org.uk](mailto:aspire@bechange.org.uk)**  
**[www.bechange.org.uk/aspire](http://www.bechange.org.uk/aspire)**

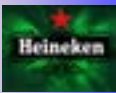
# VILLAGE EVENTS SUMMER SEASON

## UPCOMING EVENTS RATLING SOCIAL CLUB

### June

#### Jubilee Celebrations

Friday 3rd Jukebox Sweethearts 4pm  
Rudy Warman and the Heavyweather 8pm  
Friday 17th Hudson 8:30pm  
Sunday 19th Great Mates 8:30pm  
Sunday 26th Smiler 8:30pm



### July

Sunday 3rd Barry Goss 8:30pm  
Sunday 10th Elvis 8:30pm  
Friday 15th 6 Shades of Grey 8:30pm  
Saturday 23rd Rock and Roll evening 8:30pm  
Sunday 31st Young and Old 8:30pm

### August

Sunday 7th Joe Scott 8:30pm  
Friday 12th M3 8:30pm  
Sunday 14th Classic car show with rock and roll band  
Friday 19th Paul Messenger 8:30pm  
Sunday 21st Mike Harris 8:30pm  
Sunday 28th Bank holiday music from 4pm

Non Members Welcome

**CT3 3HL**

Website: [www.ratlingclub.co.uk](http://www.ratlingclub.co.uk)



## Sunshiners

Over 50's Social Group

**2nd June**

**JUBILEE EVENT**

7pm till 9.30pm

At St Finbarr's Catholic Church, Aylesham.

Free transport in Aylesham,

But must be booked.

Contact us for booking and information on  
Facebook or Tel: 07852451073

*Then our dates are as follows.*

*16th June; 30th June; 14th July; 28th July;  
11th August; 25th August*

All events are different each time. Look  
out for updates on our Facebook page and  
posters around the village.

*Everyone over 50 welcome*

*All events are held on Thursday*

AYLESHAM WELFARE YOUTH & COMMUNITY TIMETABLE LEISURE CENTRE					
TUES	WED	THURS	FRI	SAT	SUN
CP MINDENOR 10:00AM-11:00AM	COFFEE MORNING 9:30AM-11:00AM	MEN'S PLAY 10:00AM-11:00AM	MEN'S GROUP 10:00AM-11:00AM	TEEN SPORTS BAR PLEASE ASK FOR DATES	TEEN GYM 9:30AM-11:00AM
TEEN GYM 9:30AM-11:00AM		GOLDEN BOPPERS 10:00AM-11:00AM		KIDS' SHOW PLEASE ASK FOR DATES	YOUTH CLUB 9:30AM-11:00AM
YOUTH FOOTBALL 1:00PM-1:30PM		ARTIST PARENT SUPPORT GROUP 10:00AM-11:00AM			
		ENTER 50'S SOCIAL CLUB 2:00PM-4:00PM			
		HOME SUPPORT GROUP 11:00AM-12:00PM			
		YOUTH CLUB 5:00PM-8:00PM			
			CHECK OUT OUR FITNESS TIMETABLE MEMBERS ID		
			PLEASE EMAIL COMMUNITY@AYLESHAMWLC.ORG FOR MORE INFORMATION		

## Saint Finbarr's Roman Catholic Church

Market Place, Aylesham CT3 3EZ

Phone: 01304 206766

### MASS TIMES

Wednesday 10.15am.

Sundays 11.15am



*Our parish  
priests are*

Fr Jeff ,  
Fr Leo,  
and Fr Jamie

# VILLAGE EVENTS SUMMER SEASON

## FAYRE ON THE SQUARE - Sat July 30

THE village's BIG event is back again for Summer 2022.

Sun (we hope!), live music, food and bars, plus the Fun Fair and community stalls will be in the Market Square, Sat 30 July.

Organised by the Aylesham 4 Aylesham group, the fair is probably the most popular community event of the year, and is supported by the local councils and many of the village businesses.

This year a call has gone out for people to join the team on the day. One volunteer told us: "I was quite new to the village and getting involved with events helped me meet new groups of people and understand the village."

*To join the team, see page 28.*

# NAJ

## Indian Takeaway

Opening Hours

Open 6 days a week:

5pm to 10pm

CLOSED MONDAYS

## 01304 840 216

10 Market Place, Aylesham,  
Canterbury CT3 3EY

[www.najtakeaway.co.uk](http://www.najtakeaway.co.uk)

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On collected orders  
over £15.00

## MACS CARS

*Family Business Est. 2016*

## PRIVATE HIRE

•  
LOCAL AND  
LONG DISTANCE  
SPECIALISTS  
•

"Many thanks to the community in  
Aylesham and surrounding villages  
for your support"



## 07594 998 468

## Slimming World

with *Clare* ♥

★  
Tuesday's ★

4:30pm & 6:00pm

No need to book, just come along!

★  
St Peter's Church  
Aylesham ★

text/call:

07884 123 407

*Slimming*  
WORLD  
touching hearts, changing lives

# VILLAGE EVENTS SUMMER SEASON

## What's On at Aylesham Library?

**THERE** are some great activities running at Aylesham Library; it's a perfect way to relax and meet with other people.

**Bridge Group** - Tues (except the 2nd of the month).

**Reading Group** - 2nd Tuesday of the month.

**Creative Writing Group** - a Friday monthly

**Scrabble Group** - Fridays

To join in with any of the activities please call into the Library, or telephone 01304 861200 or email [ayleshamlibrary@kent.gov.uk](mailto:ayleshamlibrary@kent.gov.uk) for details  
Aylesham Library, Ackholt Road, Aylesham CT3 3AJ

### Opening hours:

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**Thu** 9.30 – 12.30,  
1.30 – 5.00

**Fri** 9.30 – 12.30,  
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**Sat** 9.30 – 1.30

Don't forget that you can book to use a computer via our website [www.kent.gov.uk/lib](http://www.kent.gov.uk/lib) or telephone 01304 861200

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#### Renew61 Open Day @ Aylesham Baptist Church

We had a great time at our renew61 Open Day in April. People made mosaic pots, planted seeds and painted stones. Many people enjoyed the free music workshop and we were so glad so many people did the sensory Easter trail in our lovely sensory garden. Our garden is open to all at anytime!

##### What is Renew61?

It is a wellbeing cafe where you can find friendship and support. Monday's 10am-2pm (drop-in)

##### What can you expect if you come to renew?

- A warm welcome
- Tea, coffee and cake
- Crafts, puzzles, games, colouring
- A quiet prayer space
- Friendship and support
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- A non-judgemental atmosphere

##### What do people say about Renew?

'Renew has helped me find new friends'

'Renew has helped me with my grief, given me joy and helped me make friends.'

'Renew is a place you can be yourself.'

##### We follow the 5 ways to wellbeing...

We **learn** new skills and hobbies.

We keep our minds and bodies **active** through quizzes and walks.

We **connect** with each other.

We think of ways to **give** to others.

We slow down and **take notice** of the small things.

For more info email -

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or call 07974930845  
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# EJL

## Sports Therapy

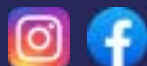
EJL Sports Therapy has been practicing as a fully qualified Sports Therapist, Personal Trainer and Pilates Instructor for 6 years.

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**For more information or to get booked in, please contact:**

**Mobile: 07880 208982 [enyajlynch@outlook.com](mailto:enyajlynch@outlook.com)**

*Find me on Facebook and Instagram: [@ejl.sportstherapy](https://www.instagram.com/ejl.sportstherapy)*



## What does EJL Sports Therapy offer?

- Sports Massage Therapy
- Deep and Soft Tissue Massage
- Personal Training
- 1:1 Pilates
- Pilates Classes
- Online Pilates/Personal Training



**WORKING with other local organisations is great for us at ST PETER'S CHURCH and here are two good examples of how we do this.**

**FAMILY MATTERS:** This group started from Bechange Family Worker, Rachel Ely, visiting our Sunbeams toddler group.

We wanted to find a way to support our families in being the best parents they can be. So we work with Bechange to provide a space to discuss topical parenting issues



**SOFT PLAY at St Peter's**

such as reward charts, the value of praise, and how to listen well.

We are a small but friendly group who are all very supportive and encouraging to each other.

Bechange, with all their knowledge and expertise are a vital part of this group. **We meet every other Thursday morning at St Peter's church. Next date: Thurs 16 June.**

**SPINNERS:** Spinners was set up after a parent got in touch to ask if we could run a club for children with additional needs as it's so hard to take them to many after school activities.

We work in partnership with Aylesham and St Joseph's primary schools who signpost families to our group. The group has proved very popular and is well attended. We have a craft activity, a healthy snack provided with help from the Aspire project and great play equipment available.

We couldn't run these groups without our partners and are very grateful to them for all their help.

**For more information on any of the above ring 07535 999482 or pop in and see us.**

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**Refreshments, sweets, and light snacks on sale. Bring a cushion if you like. Relaxed atmosphere where everyone is welcome.**

## Would you like to know more?

**Find us on Facebook or email:**

**AYLESHAMCINEMA@GMAIL.COM**

**If you are interested in Film and Cinema, and would like to help out this new and inclusive group, send us an email to the address above.**

**VENUE: BECHANGE HALL, ACKHOLT ROAD, NEXT TO THE LIBRARY**

# aylesham on foot

## “AYLESHAM WALKIE TALKIES”

Meet every Wednesday at 4pm in the Market Square. We walk for about 1 hour, nothing strenuous. Everyone welcome. Please find us on Facebook or call 07766 406 020 for more info

## AYLESHAM DOG WALKERS

Find us on Facebook - We meet every Saturday & Sunday at 11am by the show homes in Aylesham, and sometimes evenings during the week.

All shapes and sizes from new pups learning how to socialise to grumpy old pooches. Everyone is welcome.

We walk for about 1 hour, nothing strenuous. Everyone welcome.

## ASPIRE HEALTH WALK

Get walking and join our small team on short 30 mins stroll, it's free simply turn up and join in  
- 11am for 11.15am start  
Come to Bechange, Ackholt Road  
- next to the Library.

## Pitt Wood Adisham



**Starting at MARKET SQUARE exit onto Dorman Avenue North towards Adisham Road.**

**1** Proceed along Dorman Avenue North as far as the *new builds*.

**2** Just before the junction with Adisham Road turn right along a tarmac path into the *new builds* as far as a footpath on the left hand side leading into the field.

**3** Follow the path away from the road. Continue following the path towards the railway line.

**4** Take the left hand path and proceed towards *Adisham Road*. Cross the main road taking care as the traffic can be fast!



## *Bluebells and Wild Garlic*



**5** Follow the path directly opposite and continue down to *Cooting Lane*. Cross the lane and follow the path directly opposite down to *The Street*, Adisham.

**6** Turn left along the road and take *Woodlands Road* on the right. Walk along this road until you come to a footpath into the woods on your left.

**7** Walk into the woods and take the second path on your left. There will now be a field on your right.

**8** Keep going until you come to a main path on your left. There are many paths in the woods but don't worry, you can't really get completely lost!

**9** Follow this path until you come to a 'crossroads' of paths. Take the path straight ahead. At the end turn left onto the track.

**10** Take the next track on your right. At the top go left along *Cooting Lane*. Follow the road until you see the path you came down on your right.

**11** Retrace your steps up to Aylesham remembering to be very careful as you cross Adisham Road.

**Do you have a favourite walk you would like us to publish? Email us at [ayleshamintouch@gmail.com](mailto:ayleshamintouch@gmail.com)**

## If you go down to the woods today...

**WHITE CLIFFS Countryside Partnership (WCCP) has been working with Aylesham Parish Council at Spinney Wood (near Cooting Road) to help manage the woodland for people and wildlife.**



As well as regularly visiting the wood to clear up litter and check paths and trees, over the winter, WCCP Ranger, Jason, and his volunteers have been busy coppicing a section of the wood – you may have noticed the difference!

Coppicing is a traditional woodland management technique of repeatedly felling trees at the base and allowing them to regrow in order to provide a sustainable supply of timber.

It also provides a real benefit for woodland wildlife, as more light reaches the woodland floor allowing other plants to grow there, including bluebells and wood anemones, the wonderful displays of which you may have seen in April.

This, in turn, provides more food sources for butterflies and other insects, which birds and mammals like to eat! One animal that will benefit from the coppicing is the dormouse – one of Britain's rarest mammals, which lives in hedgerows and woodland, particularly hazel coppice.

In the autumn, Jason and a band of volunteers undertook a nut survey in the wood, which suggested that it is likely dormice were present.



**Above left:  
DORMOUSE set up  
home in Spinney  
Woods**

**Left: JASON (centre)  
WITH HELPERS:  
delivering coppice  
products to  
Bechange garden**



## **A MIST of sapphire Bluebells in Spinney Woods**

We will be undertaking further surveys in the future to confirm that this furry animal lives in Spinney Wood.

Some of the materials we get from coppicing the wood we are giving to the Bechange community garden in Aylesham for use as plant supports and so on.

With the remaining material we created 'dead hedges' around the area we have been coppicing to provide valuable habitat for wildlife, as many species of birds and small mammals nest close to, or on the ground.

*How can I get involved and help look after Spinney Wood, I hear you cry?*

Luckily, there are a number of ways you can get down to the woods and lend a hand. Jason leads regular volunteer tasks at Spinney Wood, which are usually the last Monday of every month and occasional weekends.

Over the summer the volunteer team will be doing regular litter picks to keep the woods tidy, and keeping the footpaths open for visitors.

We are also looking for volunteers to help us monitor the wildlife of the woods. In the winter we will be restarting the coppicing!

So why not become a Spinney Wood Volunteer Ranger to protect this special place for plants, animals and people? You can do as little or as much as you want, from letting us know if there is any fly-tipping to picking up litter, or joining Jason for one of our volunteer days.

If you are interested or want to find out more contact Jason on 07541 207059 / [Jason.moule@dover.gov.uk](mailto:Jason.moule@dover.gov.uk)

**A date for your diary:  
Join Jason and the Green  
Gang on **Wednesday 27  
July at 10am for a walk  
around Spinney Wood** to  
get to know your local birds  
by sight and sound. This  
event is part of WCCP's Big  
Summer Festival.**

**For more news and upcoming  
events, you can follow us on  
Facebook: [www.facebook.com/  
whitecliffscountrysidepartnership](https://www.facebook.com/whitecliffscountrysidepartnership)**

# THERE WHEN YOU NEED THEM

**THE *First Responders* is one of those projects that you might not have taken much notice of until you, your family or friends have cause to thank them.**

The Community First Responders (CFR) are the volunteer arm of SECAMB - the NHS Ambulance Trust that covers much of Kent and the south coast.

The scheme was taken up in Aylesham with the closure of A&E at Canterbury hospital, and the distance to Ashford and Margate.

The CFR volunteers are there to get quickly to the scene of a limited range of ambulance 'shouts' to begin often life-saving procedures.

Mark Townsend, also until recently Chair of the Parish Council, joined the scheme as a volunteer in 2008.

He quickly saw the value of the scheme and how important it is to get help to people early enough to make a difference in the minutes, and often much longer, before an ambulance arrives.

"I meet people around the village who I know we have helped have a longer and better life.

"I believed that if our village

was to have the scheme, then we should try and make it the *best*.

"We started fundraising for a vehicle that could get out in the worst conditions and get to sometimes isolated homes in the rural villages in the area." Mark told us.

**The Aylesham scheme still has a vehicle for the project and you may have seen it around the place and at events.**

"Thousands of pounds were raised and the scheme has had fantastic support, not only from Aylesham, but the smaller communities in the area." Mark added.



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SECAMB says about the scheme: "CFRs are volunteer members of their community who are trained to respond to emergency calls in conjunction with SECAMB.

"SECAMB currently has more than 400 CFRs. They attend roughly 20,000 emergency calls per year and more than 10,000 are categorised as life-threatening including more than 1,000 of which are cardiac/respiratory arrest calls."

### SNOWSTORMS

Mark says: "Because we had such a good scheme and with the experience I gained, we were often called to some of the toughest 'shouts'. Gales and snowstorms didn't stop us and we could sometimes get to places even the ambulances found tough."



**MARK TOWNSEND** seen here with **Keith Owen**, Secretary of the **Heritage Centre**, and the award received for **developing the First Responder project** in the village

Mark retired from the scheme in 2020 after many years, which were recognised by the service.

With plans to leave the village for pastures new, Mark was anxious that the great community endeavour that has led to the local scheme winning recognition would not be forgotten.

"I have handed over the award trophies for the scheme to the Heritage Centre as I believe they

should stay in the village as they are a recognition of the whole community effort that was shown." said Mark.

The scheme continues to seek donations to keep the project on the road and meeting new challenges.

For more info about becoming a CFR, email: **enquiries@secamb.nhs.uk**



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# BACK IN THE DAY

**The Bowls Club is one of the great village institutions. Thanks to volunteers 20 years ago who set about rescuing the club for future generations. From 2003:**

## Bowls Bounce Back

**“AYLESHAM & Snowdown Welfare Bowls Club played a match against the England Bowls Team on home ground on Friday 20th June.**

The match was a friendly and was won by Mr Arthur Hockley, President of the English Bowls Association, who was formerly President of our own Bowls Club here in Aylesham back in 1985. He was the President at Aylesham & Snowdown Welfare Bowls Club for five years and is now an honorary life member. During his visit he opened the brand new extension at the Bowls Club but most of all Mr Arthur Hockley wanted let the England Bowls Team see for themselves just how fantastic Aylesham & Snowdown Welfare Bowls Club really is.

By the early eighties the bowling club had fallen into disrepair. The green was unrecognisable and all

of the buildings were derelict. Bowling enthusiasts decided that they would renovate the club. The green was cleared of weeds and re-laid with money raised by the volunteers. Once the green was playable the new pavilion was built and was recently extended. It now houses an excellent bar and social area, a fully equipped kitchen, toilets and changing rooms. The club continues to be improved by the efforts of their members.

The club has recently been successful in obtaining a grant from the SRB fund, which is administrated by Dover District Council, for the regeneration of coalfield areas. The money will be used to purchase indoor bowling mats for winter play. The club has a healthy social club and membership is affordable. The club members positively welcome visitors to the clubhouse or alternatively Aylesham & Snowdown Welfare Bowls Club can be contacted on...”



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Flags Flying: the England Bowls Club and the Aylesham & Snowdown Welfare Bowls Club flags overlooking the friendly match.

**The bowls club is currently  
welcoming new members**

**Aylesham & Snowdown  
Welfare Bowls Club**

Affiliated to BOWLS ENGLAND - ECBA - KCWBA

01304 842964



## Learn more about your village:

*Keen to read more  
about Aylesham's  
history? See Keith  
Owen's classic book:  
Aylesham Through  
the Years 1927-1987*



**SUPPORT  
Aylesham Heritage  
in Dover Lotto.  
Scan the QR code:**



# Aylesham Heritage Centre

meets every Wednesday at Aylesham House,  
Dorman Avenue South - 11am - 2pm



**YOU never know quite what to expect when you sign up for an event from a notice you saw in a field in the fields around the village.**

This was one advertising the “Men United in Song” project that is being led by the Snowdown Male Voice Choir.

And it’s all about raising awareness and raising funds for the Prostate Cancer UK charity.

So last month, some seventy men crowded into the Ratling Club, some remembering their first day at school perhaps, others maybe a little more used to hearing their own voice raised in song.

From the moment the event started, the assembled songsters were put at ease by the guys running the event.

We were all signed in and given a folder of papers, some of them, worryingly, covered with dots and quavers. Hmm. Maybe this would be tough!

But we were, reassuringly, told not to worry too much about those - follow the words.

And straight away, after a couple of stretching exercises, we were to start with a “hummm”.

*Well this will be interesting I thought.*

But then a little magic happened. a chorus of confident voices encouraged the rest of us to get going and sing in a group for the first time, perhaps for decades.

The project has been set up by the Snowdown Colliery Welfare Male Voice Choir to highlight the issue of prostate cancer, and to raise funds for the leading charity in the field.

## PROBLEMS

The assembled men were addressed on the issue of getting tested, not ignoring problems and how early treatment can save lives.

Funds will be raised by individual choir members and by the group as a whole via a Just Giving app or by cash and cheques if necessary.

**There will be a final choir performance at an end-of-project concert on 16 July.**



## DONATE TO PROSTATE CANCER UK

SCAN THE QR CODE OR VISIT: [HTTPS://WWW.JUSTGIVING.COM/TEAM/MENUNITEDINSONG](https://www.justgiving.com/team/menunitedinsong)

**AYLESHAM IS GROWING - over 900 new homes built.**  
**Carys Williams shares her impressions of village life**

# Moving up and Moving in...

**ONE of many things we love about Aylesham is the sense of community here.**

The summer fair last year, the sadly rained-off carnival parade, the Christmas fairs, and the upcoming Jubilee picnic have shown to us that people who live here are proud of their community and want to make it the best place that they can.

So, how did we come to arrive in the village?

We, my husband and I, decided to take advantage of the heady days of the pandemic-era stamp duty holiday to upsize our house.

Aylesham was a revelation for us. We looked at a few houses in the area and fell in love with a lovely house in the 'new build' area that ticked all our boxes.

He was (at the time anyway) working from home full-time, and both of us had expanded on our cooking skills during the various lockdowns, so we started looking for houses with an extra box bedroom for us to turn into a home office, and a bigger kitchen for us to be able to (eventually) entertain people.

We looked in a number of different towns and villages within commuting distance to Canterbury and couldn't find anything suitable that was within our budget, until we started looking in Aylesham.

We're in walking distance of the train station (very handy now that things have started opening back up again) as well as three different food shops with a fantastic selection of world foods. What's also great



**CARYS:**  
**"Aylesham was a revelation for us"**

is that the Co-Op has such a good range of vegan foods – we have been gradually cutting meat and dairy out of our diet for the last few years, and having such easy access to reasonably priced vegan food is brilliant.

And with Gibsons farm shop only a 5 minute drive away, we can pick up all the bits we need to do a lovely Sunday roast (seriously, have you seen the size of their garlic bulbs? They're gamechangers!).

Honestly, the only downside for us is we've not been able to find anywhere yet that does vegan takeaway food (curse Dominos for being too far away).

I helped out earlier this year with the Aylesham People's Cinema to put on a free family film screening; I saw an advert in this very magazine asking for support, and as I had previous technical experience I thought it would be a nice way to give something back to the community.

The screening was a great success and we're hoping to be able to make it a regular thing. It's clear to us that Aylesham is a lovely village, and we're so pleased to call it home now.



# ‘The Councils’



**Aylesham  
Parish  
Council**



**AYLESHAM is overseen by *THREE* different local authorities – Kent County Council (KCC), Dover District Council (DDC) and Aylesham Parish Council (APC).**

**JAMIE POUT explains how the jigsaw puzzle fits together.**

**It is often unclear how these councils work together, so here is a short run down of what they do.**

KCC is responsible for the majority of public services in Kent, which of course covers Aylesham. Education, including schools and nurseries, are covered by KCC. School, sixth form, college and nursery places, funding and where to allocate capital projects is covered by KCC on a county-wide basis and so this can often feel like Aylesham is left out.

Transport and highways come under KCC's remit – they maintain major roads as well as the land adjacent to highways and paths ensuring that the public can easily move around their local areas and further afield too - they also make decisions

on speed limits, placement of signs and crossings. KCC usually cut the grass along the sides of roads too!

In addition, KCC manage waste disposal – in other words tips and landfill. Kent sends less than 1% of its waste to landfill, and all of this is overseen by officers of KCC.

The final county wide provision from KCC is health and social care (with adult care getting a protected proportion of council tax). KCC run adoption and fostering services, social services to keep children and families safe from abuse and work with the NHS and other organisations in Kent to provide certain health services to the region.

Together with county wide services, KCC provide some more local services such as libraries. Aylesham Library is maintained as part of a county-wide scheme but provides a more local service. The slightly restrictive opening times reflect its current usage compared to some much larger, town centre libraries but this is an important service used by many people.

To cover the cost of these key services, KCC takes approximately 70% of your total council tax – these strategic services are costly.

Covering Dover, Deal and the surrounding villages is DDC. They are responsible for a much smaller number of

# WHO DOES WHAT?

people and have a much more localised set of responsibilities. A smaller council receives a smaller cut of your council tax - approximately 10%.

DDC manage our waste collection. They manage the contractors who collect general waste, food waste, recycling and green waste from households and businesses, that is then dealt with by KCC. This is much more visible to residents and so is key that DDC can perform its key functions well.

As has been seen recently with the Local Plan, DDC make decisions on housing allocations for the district. They set out where new housing should be built and manage council housing, as well as working with other housing providers to meet the needs of residents. It is likely then that more people will have direct contact with DDC than KCC.

DDC is responsible for most leisure and recreation across the district. In Aylesham, DDC maintain a number of the play parks (by the doctors and on the green in the new builds) and has an obligation to provide outside space for residents. In addition to this, as part of its environmental health department, DDC provides waste bins



**KENT COUNTY COUNCIL Maidstone**



**DOVER DISTRICT COUNCIL Whitfield**



**AYLESHAM PARISH COUNCIL**

to keep recreational areas and the rest of the village clear of waste: and somewhere to deposit dog poo. This department also regularly inspects coasts, rivers and trees to keep the environment in good condition.

Finally, DDC is the planning authority that covers Aylesham. This means that

*continues over...*

# THE COUNCILS

*... continued from page 25*

any planning applications or breaches of planning law are dealt with by them. Usually, this is overseen by an officer but can be by a group of councillors for particularly large or complex cases (such as the new build homes or applications with lots of objections, for example).

The last of the three local authorities in the village is, of course, Aylesham Parish Council. This is the smallest of the three (receiving roughly 5% of your council tax) but is the most localised of all, and so APC champions the community. The parish council liaises and works alongside many local partners, including the other two local authorities. Additionally, APC supports community groups within the village who provide events and assistance to many residents as well as housing developers.

The remit of parish councillors is to ensure Aylesham and Snowdown is not overlooked and gets help where needed.

Recently, the parish council has been key in working with DDC on allocating and spending section 106 monies that are allocated by developers as a result of new build housing. This money is spent on education, transport and other services needed in the village and the parish council often works with developers and DDC officers to ensure this is spent efficiently, wisely and promptly.

Within the village, APC manages community assets, such as Aylesham House, the Market Square, Spinney Woods, the skate park, play park in Snowdown and, once the new equipment is installed, the play park on Cripps Close. This ensures that these important spaces remain safe, accessible and prominent within the community.

Within Aylesham, many community groups rely on APC to provide grant funding that helps them financially. These grants contribute to events to allow them to be free to residents and often contribute to charitable funds too. It's great that so many varied groups can take advantage of these grants for the greater good.

Finally, the parish council makes representations on planning applications on behalf of residents. Recently, a campaign to highlight the impact and effects of the new Local Plan was run by APC councillors with posters, leaflets and social media posts to give information to the public, ensuring everyone has a chance to understand what is happening in their immediate neighbourhood.

**Hopefully, this gives you an idea of what KCC, DDC and APC do for you and Aylesham.**

*(The approximate percentages are based on Band D households. The remainder of your council tax goes to the Police and Crime Commissioner and Kent and Medway Fire & Rescue Service)*

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# ● VILLAGE BUSINESS UPDATE ●

## DENISE HAIR & BEAUTY

AFTER a decision to centre their salon in Aylesham, Denise Hair & Beauty tells us:

“Wow! what a whirl wind the past six weeks have been!

“We are now fully integrated into one salon at Aylesham.

“I’d love to take this opportunity to thank everyone for their support, kind words and patience as we all know change can be difficult but all the team and our clients / friends have made the transition easier than expected.

“The atmosphere in the salon has been incredible and the closest to pre pandemic I can remember.

“I hope we can continue to provide the village with the high standard of hairdressing throughout the tough times ahead.”

Neil Scrivener Stonemason



**Neil Scrivener**

**Monumental Stonemason**

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Please call for an appointment on



**01304  
577998**

or email: [info@slswillsandmore.co.uk](mailto:info@slswillsandmore.co.uk)  
**[www.slswillsandmore.co.uk](http://www.slswillsandmore.co.uk)**

# AYLESHAM WO

## GARRITY HOUSE

- 1 Elevation Transport & Logistics Ltd
- 2 Available to Let
- 3 Bright Accounting Solutions Ltd  
0203 603 2304  
[www.brightaccountingsolutions.co.uk](http://www.brightaccountingsolutions.co.uk)
- 4 Available to Let
- 5 Steve Manion Effective Training
- 6 BluebellHillCrafts  
[info@bluebellhillcrafts.co.uk](mailto:info@bluebellhillcrafts.co.uk)  
[www.bluebellhillcrafts.co.uk](http://www.bluebellhillcrafts.co.uk)
- 7 Occupied
- 8 United Converting UK Ltd
- 9 Available to Let
- 10 Bargain Hunter UK
- 11 eTeknix [www.eteknix.com](http://www.eteknix.com)
- 12 eTeknix [www.eteknix.com](http://www.eteknix.com)
- 13 Oatley & O'Connor  
01227 903156  
[www.oatleyandoconnor.com](http://www.oatleyandoconnor.com)
- 14 Amacsports Limited
- 15, 16 & 17 Available to Let

## AYLESHAM BUSINESS PARK

- 1 Denise Caldwell Hair & Beauty
- 2a Aylesham Veterinary Centre
- 2b Ignite Heatng
- 3&4 Watson & Bell  
01304 840880  
[www.watsonandbell.co.uk](http://www.watsonandbell.co.uk)
- 5 Tolumi TFP
- 6 CC Kent Limited  
07725160533  
[www.cckentlimited.com](http://www.cckentlimited.com)
- 7 Microroastery
- 8 Neil Scrivener Stonemason
- 9 Canterbury Tails



Aylesham Workshop Trust

☎ 01304 842826

- Conference/Training Rooms for hire
- Hall Hire for Community Groups



# WORKSHOP TRUST



**Ackholt Road  
Aylesham  
CT3 3AJ**

## MINERS WAY

- 11 Dusk Furniture Ltd
- 12/13 The Education People – Emporium  
03301 651 160  
[www.theeducationpeople.org/emporium](http://www.theeducationpeople.org/emporium)
- 14 Breem Construc:on
- 15 Rufff Pet Supplies
- 16 Diamond Hygiene  
01304 842400  
[info@diamondhygiene.co.uk](mailto:info@diamondhygiene.co.uk)
- 17 Dyrhoff
- 18 Techway Solutions Ltd  
01304 356372  
[Sales@techway.org.uk](mailto:Sales@techway.org.uk)
- 19 S D Webb Floors  
01304 806142  
[www.sdwebb.co.uk](http://www.sdwebb.co.uk)
- 20 AHL Ltd, The Mobile Dentist Co.  
01304 842995  
[www.themobiledentistcompany.com](http://www.themobiledentistcompany.com)

## VERANDA

- A Aylesham Business Hub  
03301 651348
- B Aylesham Library  
01304 841050
- C The Education People – Emporium  
03301 651 160  
[www.theeducationpeople.org/products/early-years-childcare/aylesham-business-hub/](http://www.theeducationpeople.org/products/early-years-childcare/aylesham-business-hub/)
- D Bechange  
01304 840134



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# Thinking about extending...

by Keith Mansell of Manse Designs



## WELCOME to my new column looking at your 'permitted development rights' (PD).

For this column we will be discussing side extension to your home. Side extensions come under

Class A within the The Town and Country Planning (General Permitted Development) (England) Order 2015 (as amended) so all the rules as described in the last edition's column (Spring 2022) will also apply to the side extension requirements. That is, the total area of the extension must not cover more than 50% of your garden, the eaves must also be no higher than the eaves on the original house, etc.

The first difference being that if your home is located within Article 2(3) Land (e.g. conservation area, AONB, etc.) then you cannot construct a side extension under PD and will therefore be required to seek planning permission.

The second difference to a rear extension is that you cannot have a two storey side extension due to paragraph A.1 (j)(ii) which states "...extend beyond a wall forming a side elevation." "...have more than a single storey." It also limits the overall height to a maximum

of 4 metres.

A single storey side extension is possible with the key areas to be aware of:

1. It must not extend forward of the front "principle" elevation.
2. Within 2 metres of any boundary then the maximum eaves height is 3 metres.
3. The maximum width can be no more than 1/2 the width of the original house.



For example if your home measures 10 metres wide externally then the maximum width of a side extension would be 5 metres externally.

Another important note is that whilst the side extension cannot go forward of the front elevation it can extend below the rear elevation.

When it does so it must still follow all the rules under Class A.

When combining a side extension with a rear extension you can get a bit complicated on the rules, especially if your home is not just square – however it does increase your options of what can be possible under Class A permitted development rights.



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For a friendly chat or to arrange a free initial site visit  
call 07568067892 or visit us on Facebook @ManseDesigns

**AYLESHAM'S BIG EVENT FOR 2022**

**Saturday 30 July**



**FAYRE on the SQUARE**

**Aylesham  
Market Square**

Licenced Bar -  
World Food Stalls  
- Craft and Gift  
Stalls - Charity  
Stalls and  
Exhibitions

**Starting 12pm till 9pm!  
All Day Family Fun Event**



**AYLESHAM**  
District Community  
Workshop Trust  
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Aylesham Community Project, Ackholt Road, Aylesham, Kent CT3 3AJ ☎ 01304 842826

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For more information please call Lisa on 01304 842826

**COMMUNITY GRANTS**

Community Groups in Aylesham, Elvington, Tilmanstone, Betteshanger and Mill Hill Deal are invited to apply for grants from the Kent Coalfield Community Fund.

This money is available in partnership with The Coalfield Regeneration Trust.

For more information call Lisa on 01304 842826

# Aylesham Carnival Association



**Aylesham Court on their 10 mile sponsored walk**

## **OUR court of 2022 has been busy representing the village visiting other carnival courts as their towns and villages select their 2022 courts.**

We are very proud of our 2019 Miss Aylesham Charlotte O'Sullivan who has been selected to represent the court of Kent - only the third girl from Aylesham ever to do so.

Carnivals have a lot to offer our girls - in new experiences, making friendships, building confidence and pathways on to other skill building opportunities.

Our current Miss Aylesham Ella also holds the title of UK's National Junior Miss Kent and will compete in Manchester this summer nationally alongside Charlotte (our 2019 Queen) who is UK's National Teen Canterbury. We wish them lots of luck!

In carnival news - we held a beetledrive in April to help raise funds for Aylesham Carnival, the girls and families also took part in a 10 mile sponsored walk AND donated items to a refugee camp in the Ukraine.

We are currently getting the court ready for the summer season, organising their regalia (dress fittings, sashes and crowns), designing and building the float and planning our village carnival that will be on Saturday the 17th September 2022.

This year our girls will be touring Kent and beyond - we have them booked to visit Swanage and Bexhill. They really are going to make us proud!

**Date for your diaries:  
Aylesham Carnival -  
SATURDAY 17th SEPTEMBER**



# AYLESHAM

advertising rates **IN TOUCH**

		One insert	Four inserts
<b>FULL SIZE</b>	190x128 mm	£ 150	£ 500
<b>HALF SIZE</b>	92x128 mm	£ 80	£ 280
<b>QUARTER SIZE</b>	92x62 mm	£ 40	£ 140

All ads are in full colour, with **FREE** artwork layout and design.

- Aylesham In Touch magazine is published quarterly.
- Our aim is to deliver the magazine to 2,700 addresses in the Aylesham parish.

**To ask about advertising, email: [ayleshamintouch@gmail.com](mailto:ayleshamintouch@gmail.com)**

*(We don't operate a phone line as we have no paid staff)*

**Also online at: [www.ayleshamintouch.com](http://www.ayleshamintouch.com)**

## We are looking out for **HERO** VOLUNTEERS!

For all the different aspects of  
publishing a lively and informative  
community magazine.

Get in touch for a chat, all ages and  
experience welcome!

***ayleshamintouch@gmail.com***

# VILLAGE GUIDE

## LOCAL AUTHORITIES

### ■ AYLESHAM PARISH COUNCIL

Aylesham House, Dorman Avenue South, Aylesham  
CT3 3AD

**Parish Clerk & RFO Kate Robinson**

[clerk@ayleshampc.co.uk](mailto:clerk@ayleshampc.co.uk)

07830 312500

**Assistant Clerk Demi Jenkins**

[assistantclerk@ayleshampc.co.uk](mailto:assistantclerk@ayleshampc.co.uk)

07897 593030

**Administrator Nicola Purcell**

[admin@ayleshampc.co.uk](mailto:admin@ayleshampc.co.uk)

07830 353872

Monday, Tuesday & Thursday's 09.00-15.00

Website: [www.ayleshampc.co.uk](http://www.ayleshampc.co.uk)

### ■ YOUR DISTRICT COUNCILLORS

Aylesham and Snowdown form part of Dover District Council's ward of Aylesham, Eythorne and Shepherdswell, represented by three councillors. They are:

**Cllr Linda Keen, Labour,**

**01227 830790**

[cldr-linda.keen@dover.gov.uk](mailto:cldr-linda.keen@dover.gov.uk)

**Cllr Peter Walker, Independent,**

**07768 106009**

[cldr-peter.walker@dover.gov.uk](mailto:cldr-peter.walker@dover.gov.uk)

**Cllr Charles Woodgate, Labour,**

**07427 517498**

[cldr-charles.woodgate@dover.gov.uk](mailto:cldr-charles.woodgate@dover.gov.uk)

Further details about their individual council responsibilities can be viewed on the Dover District Council website [www.dover.gov.uk](http://www.dover.gov.uk)

## CHURCHES

### ■ AYLESHAM BAPTIST CHURCH

Dorman Avenue South CT3 3AA

• Sunday Services 10.30am

• Renew61 - A shared space where it's ok to not be ok - Mondays 10am - 12

Contact - [ayleshambaptist@gmail.com](mailto:ayleshambaptist@gmail.com)

find us on facebook search 'Aylesham Baptist'

[www.ayleshambaptistfreechurch.co.uk](http://www.ayleshambaptistfreechurch.co.uk)

■ **ST PETER'S CHURCH** We are the Parish church of St Peter's Aylesham in the Church of England. Our hall is available for private hire.

Phone: 07535 999482.

Facedbook: [stpetersaylesham](https://www.facebook.com/stpetersaylesham)

Email: [stpetersaylesham@gmail.com](mailto:stpetersaylesham@gmail.com)

Web: [www.stpetersaylesham.co.uk](http://www.stpetersaylesham.co.uk)

Dorman Avenue North CT3 3BL

Email: [stpetersaylesham@gmail.com](mailto:stpetersaylesham@gmail.com)

### ■ ST FINBARR'S CATHOLIC CHURCH

Market Place, Aylesham CT3 3EZ

Phone: 01304 206766

### ■ AYLESHAM BUSINESS NETWORK

Local businesses supporting each other and the community in Aylesham District. Please contact our chair, Sara Sheppard, on 07951 736021 for more information.

[www.ayleshambusinessnetwork.co.uk](http://www.ayleshambusinessnetwork.co.uk) or follow us on

Facebook: [AyleshamBusinessNetwork](https://www.facebook.com/AyleshamBusinessNetwork)

## HEALTH SERVICES

### ■ AYLESHAM MEDICAL PRACTICE

Aylesham Health Centre, Queens Rd, Aylesham, Canterbury CT3 3BB

Phone: 01304 840415

### ■ AYLESHAM HEALTH CENTRE

Queens Rd, Aylesham, Canterbury CT3 3BB  
01304 843783

## COMMUNITY GROUPS

### ■ BECHANGE COMMUNITY HUB

At Bechange Community Hub we pride ourselves on our friendly approach and expertise in a wide range of support needs; from Benefits such as universal credit, PIP, DLA and Attendance Allowance, to Housing, Family Matters, Finances and Employment. Our Support Team can work with you every step of the way, no matter how long or short your support journey.

Not sure if your needs fit our support criteria? Get in touch to find out.

We offer Drop-In sessions Monday, Wednesday and Friday 10am-12pm. Or you can contact us by telephoning 01304 840134 with an enquiry, to make an enquiry or referral.

Tel: 01304 840134 [enquiries@bechange.org.uk](mailto:enquiries@bechange.org.uk)

# VILLAGE GUIDE

## ■ AYLESHAM HUB

Community Co-Operative  
ayleshamhub@gmail.com

## ■ ADCWT - WORKSHOP TRUST

Ackholt Road, Aylesham CT3 3AJ  
Tel: 01304 842826

■ **AYLESHAM MAJORETTES** We are the local Majorette and take part in carnivals, fetes and do displays of what to show off our talent  
Email: ayleshamajorettes@hotmail.com  
Mob: 07709314680

## ■ AYLESHAM WELFARE LEISURE CENTRE

Spinney Ln, Aylesham, Canterbury CT3 3BE:  
Phone: 01304 840661

## ■ INVICTA COMMUNITY & LEISURE

Aylesham Welfare Leisure Centre, Spinney Lane, Aylesham, CT3 3BE  
Phone Number: 01795537321  
Email c.rowe@westfavershamca.org

## SCHOOLS & LIBRARY

### ■ AYLESHAM LIBRARY

Ackholt Road  
03000 413131

### ■ AYLESHAM PRIMARY SCHOOL

Address: Attlee Ave, CT3 3BS  
Phone: 01304 840392

### ■ ST JOSEPH'S CATHOLIC PRIMARY SCHOOL

Ackholt Road, CT3 3AS  
Email: office@st-josephs-aylesham.kcpsp.org  
Phone: 01304 840370  
Web: stjosephs-aylesham.co.uk  
Facebook: STJOSAYLESHAM  
Twitter: @stjosephsayl

## COMMERCIAL SERVICES

### ■ AYLESHAM POST OFFICE

Market Pl, Aylesham, Canterbury CT3 3DZ  
Phone: 01304 840457

### ■ ANGEL FEET REFLEXOLOGY

07542 763141

### ■ AYLESHAM HOME & PET STORE

66 Market Place, Aylesham CT3 3DZ  
Phone: 01304 447767

### ■ BRIGHT ACCOUNTING SOLUTIONS

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3 Garrity House, Aylesham, CT3 3BF

### ■ MANSE DESIGNS LTD

Architectural Services. We are able to offer services for both Planning and Building Regulations. Advice on your permitted development rights and planning permission. [www.mansedesigns.co.uk](http://www.mansedesigns.co.uk)  
Tel: 07568 067802 Email: keith@mansedesigns.co.uk

## ■ MACS CARS

PRIVATE HIRE - 07594 998 468

## ■ NAJ INDIAN TAKEAWAY

Open 6 days a week: Tue-Sun 5pm to 10pm  
01304 840 216. 10 Market Place, Aylesham, Canterbury CT3 3EY [www.najtakeaway.co.uk](http://www.najtakeaway.co.uk)

## ■ NEIL SCRIVENER STONEMASON

Ackholt Road, Aylesham CT3 3AJ 01304 820882

## ■ SLIMMING WORLD WITH CLARE

Tuesdays 4:30pm & 6:00pm  
St Peters Church - Aylesham  
Call/Text: Clare on 07884 123 407

## ■ SLS WILLS AND MORE LIMITED

Estate Planning Consultant, helping you to put in place bespoke Wills, Lasting Powers of Attorney and can also help with applying for a Grant of Probate along with other related services. For more information, please visit [www.slsillsandmore.co.uk](http://www.slsillsandmore.co.uk)

Please call for an appointment on 01304 577998, or email [info@slswillsandmore.co.uk](mailto:info@slswillsandmore.co.uk)

## ■ DENISE CALDWELL HAIR AND BEAUTY

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01304 842034

## ■ BE WISE GAS AND PLUMBING

Call now for a quote 07944 022043

## ■ TFP SEWING STUDIO

3 Aylesham Business Park, Ackholt Road, Aylesham CT3 3AJ  
Tel: 07424 807439

## ■ ONE CALL ELECTRICAL

24 hour service. Tel: 01304 841537 or 07517 607888

## ■ WATSON & BELL

Funeral services.63 Cornwallis Ave, Aylesham CT3 3HG Tel 01304 840880

## ■ SHAUNA OLIVIA STUDIOS

For more information please visit [www.shaunaoliviastudiosuk.co.uk](http://www.shaunaoliviastudiosuk.co.uk) or contact [shaunaoliviastudiosuk@outlook.com](mailto:shaunaoliviastudiosuk@outlook.com), 07526851963

## ■ RURAL REPAIRS

[www.ruralrepairs.com](http://www.ruralrepairs.com) We are a Computer repairs, service And also Sewing alterations service Based in Elvington 07910975248

## ■ KITCHEN FITTER, REMODELLER, RENOVATOR

Tel: 07568346014. TJL Kitchens & Renovations Ltd

**AYLESHAM IN TOUCH believes the listings on these pages are correct at time of going to press. If we have anything wrong, please let us know**



# JOIN THE VILLAGE EVENTS TEAM!

**AYLESHAM 4 Aylesham (A4A) is the community group known for organising many of the important village occasions, every year.**

From the Summer “Fayre On The Square” to the Christmas Tree and Lights events and the Carol Concert, A4A brings the village together.

With support from the Parish, District and County councils, and local businesses, the group is a friendly, welcoming and co-operative team.

■ We meeting monthly, but you can be involved as much or as little as you like. And you don't *have* to come to meetings!

■ We welcome all talents and skills; people of all ages and new arrivals to the village.

■ We particularly welcome people who would join us “on the day” and be part of the team making the events work!



## **MORE THAN JUST EVENTS:**

**A4A has been running a DEFIBRILATOR campaign for several years, with the aim of making these life saving devices available to every part of the village.**

---

## **Find out more:**

**[aylesham4aylesham@hotmail.co.uk](mailto:aylesham4aylesham@hotmail.co.uk)**

**Look for us on Facebook**



# **Everyone is welcome!**

# village sport

## Local star Louise Evans' struggle to get back on track

**"TO SAY the past two and a half years have been a nightmare would be a understatement!" writes LAVINA JAMES**

"With Covid and nowhere to train, and the injury Louise has been struggling with, *and* travelling up and down the country – things were tough. She was seeing, apparently, the best in the business, having numerous MRI Scans, ultrasounds and treatments.

"But none worked and being constantly *misdiagnosed*, these were a complete waste of money.

"She found this out when we, along with her coach Linford, decided to send Louise to the world famous Muller Wolfhaardt in Germany for a weeks intensive treatment. He diagnosed the problem within 10 minutes of seeing her scans and treatment started straight away which

included 53 injections into her lower spine and pelvis over the course of 5 days.

**"To see what Louise was being put through and the pain endured was frightening.**

"Within two weeks Louise was pain free as promised which allowed her to travel with her coach and training group to Arizona for a 6 weeks warm weather training camp, where she managed to compete in two races in her final week. She finished good-seconds in both races over 100m and 200m, *and* walked off the track in one piece!

"Louise returned home on 3rd May, and then competed for her club in the National League Premiership in Manchester on the 7th, where she finished 2nd in the 100m in a personal best time of 11.9secs – and a photo-finish second place in the 200m with another personal best of 24.1secs.

"Louise says she would like to compete at the British Championships this season but maybe over 200m, and not her



**LOUISE EVANS going for gold**

preferred event the 400m.

**"Anything she does this season is a bonus and she would just like to compete as much as possible, injury free, and she says she's still going to the 2024 Olympics whatever it takes."**

**Aylesham Heritage Centre**  
meets every Wednesday at Aylesham House,  
Dorman Avenue South - 11am - 2pm